

Research consistently shows that patients achieve better long term outcomes following metabolic bariatric surgery when they participate in regular post-operative follow up care.

Bariatric surgery is a powerful tool, but long term health and wellbeing depend on ongoing support, healthy habits, and regular monitoring. Our aim at Re:You is to provide the support, guidance, and education you need throughout your weight loss journey. We hope to empower you with the knowledge, skills, and confidence to make sustainable lifestyle changes and achieve the best possible health outcomes.

Our surgical support program has been designed to help you preserve muscle, maintain strength, optimise nutrition, and stay connected to your healthcare team during the first two years after surgery. Through regular monitoring and personalised support, we aim to help you navigate challenges, build healthy habits, and achieve your individual health goals with confidence.

OPTION 1

Surgical support program

Welcome pack

- Re:You bariatric surgery handbook
- Bariatric multivitamin starter pack (1 month)
- Protein powder starter pack (1 month)

Review with Re:You lifestyle consultants

- 1 week and 8 weeks

Body composition scans

- 3, 6, 12, 18 months and 2 years
 - Grip strength test, as required

Ongoing support

- Phone support during business hours
- Communication with your surgeon, dietitian, regular general practitioner and other treating specialists

Pre-booked consultations with your bariatric medical practitioner are scheduled as part of your ongoing care and are billed separately to the program.

\$975.00

OPTION 2

Surgical support program PLUS

Includes option 1, PLUS

Prepaid appointment credits

- Allocated to fund your scheduled review consultations with your bariatric medical practitioner during the first 2 years following surgery
 - Suitable for patients who prefer the convenience of pre-paying for their follow up care

Recommended appointment schedule with your bariatric medical practitioner:

- 2 weeks • 6 weeks • 3 months • 6 months
- 9 months • 12 months • 18 months • 2 years

Most patients find that the included appointment credits are sufficient for their recommended follow up schedule over the first two years after surgery. Occasionally, additional consultations may be recommended depending on individual clinical need and may incur additional fees.

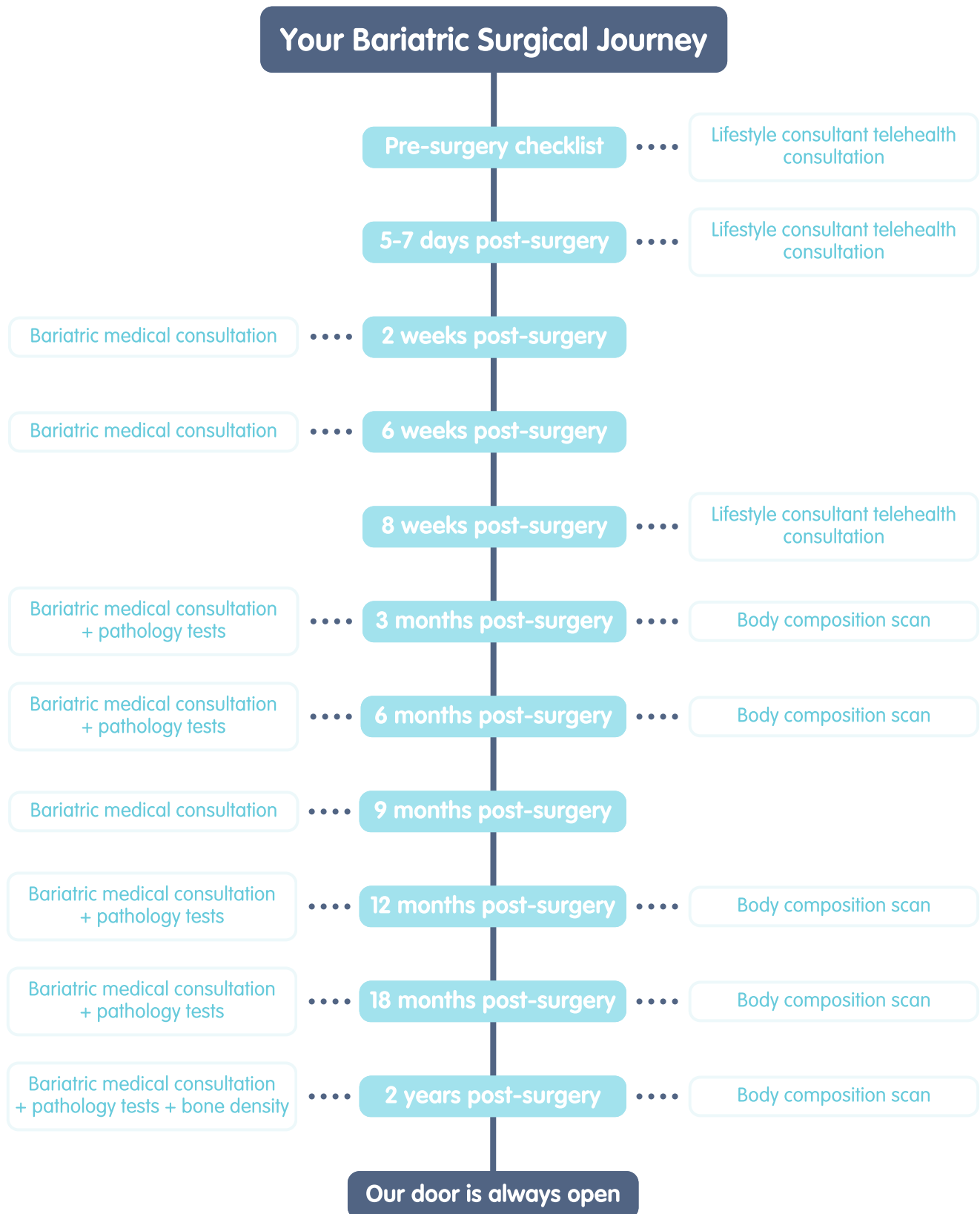
\$3,600.00

Rural / Interstate patients

Most appointments can be completed via telehealth, with body composition scans scheduled when you are visiting Adelaide. Our team will work with you to develop a follow up plan that is practical and achievable for your circumstances.

Surgical support program

Scheduled appointment timeline



Medicare requirements

Please note, to be eligible for Medicare rebates, you must have attended a face-to-face consultation with your bariatric medical practitioner within the previous 12 months.